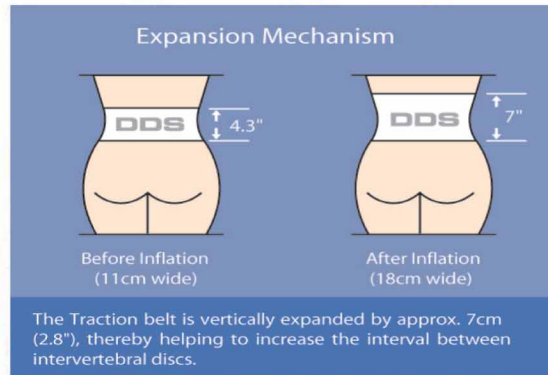


Neck-Back Pain Spinal Traction of Puerto Rico

Evaluation of Air Spinal Traction Solution at a Primary Care Clinic in Puerto Rico

Age	Sex	Pain Duration	Pre Rx Oswestry Disability Index	Diagnosis	Pain Intensity Tx1	PI Post Tx1 30min	PI Post Tx1 Day1	PI Post Tx1 Week1	Post Rx Oswestry Disability Index
43	F	1	65	LDH+SC	8	4	5	3	34
53	M	3	60	MSKSTR	9	3	2	1	35
51	M	1	64	LDH+SC	8	3	3	3	45
39	F	2	70	MSKSTR	7	0	2	1	35
46	F	1	55	MSKSTR	8	3	3	2	36
42	F	5	60	LDH	9	3	3	3	42
59	M	1	68	LDH	8	2	4	2	30
63	F	8	78	LDH+SC	7	5	3	3	50
35	M	2	58	MSKSTR	8	2	2	2	32
58	M	1	62	LDH	7	1	2	1	42
52	F	1	78	LDH+SC	10	5	5	4	46
68	F	2	54	MSKSTR	7	2	3	2	42
50.8		2.3	64.3		8	2.75	3.08	2.25	39.08



Oswestry Disability Index Interpretation

0% to 20%: minimal disability: The patient can cope with most living activities. Usually no treatment is indicated apart from advice on lifting sitting and exercise.

21%-40%: moderate disability: The patient experiences more pain and difficulty with sitting lifting and standing. Travel and social life are more difficult and they may be disabled from work. Personal care sexual activity and sleeping are not grossly affected and the patient can usually be managed by conservative means.

41%-60%: severe disability: Pain remains the main problem in this group but activities of daily living are affected. These patients require a detailed investigation.

61%-80%: crippled: Back pain impinges on all aspects of the patient's life. Positive intervention is required.

81%-100%: These patients are either bed-bound or exaggerating their

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